



The MAFCS E-Newsletter

Minnesota Association of Family and Consumer Sciences

September 2016



2017 Minnesota FACS Teacher of the Year



Lori Brumbaugh was nominated and selected as the 2017 Family and Consumer Science Teacher of the Year. She has developed an outstanding Child Development program at Champlin Park HS and also helps run a pre-school within a high school. She has an impeccable work ethic and is an inspiration to anyone working in the Family and Consumer Sciences area. Congratulations Lori!

Students at Champlin Park HS and Blaine HS in the Anoka-Hennepin School District 11 sat for the National Occupational Career Testing Institute (NOCTI) Early Childhood Education Test last spring. Over 50 students took the 196 question test over 2 days. Almost all of the students passed the test and earned college credit! This is such an exciting experience for students as they prepare for careers in working with children and can apply college credit to their transcripts free of charge as they launch their college career. It is a fantastic time for students to pursue a career in education as we all know there is a teacher shortage in this country and an increased focus on preschool education for all children! Submitted by Lori Brumbaugh

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SPECIAL POINTS OF INTEREST

- Teacher of the Year
- National Convention
- Action Plan
- World Congress of the International Federation of Home Economics

Editor's Update: Mary Levinski

It's fall and I always look forward to the crisp days of autumn because I love to wear sweaters and sweatshirts; not to mention the comfort foods that come into play and all the fall flavors to have with your morning cup of coffee or tea.



It seems odd to think the fall is the beginning of our year – kind of like the school year I guess, and that means time to make professional goals for ourselves and our organization. Each year brings new opportunities to get involved in our organization. We need your talents, time, and energy to make MAFCS a strong organization for all our members. Duane Whitbeck, AAFCS president says it best, “An organization that doesn’t ask anything of its members, does not have the power to do anything for its members.” It’s time to take that step and get involved in your organization. We would love to have you as part of our leadership team.

As your editor it is my goal to create a newsletter that is informative and educational but also fun. Share your ideas, classroom successes, stories that focus on the FCS and more. Deadlines for submission can be found at the end of this newsletter.



[Circle &](#)

[the Date – Thursday, November 3](#)

[Save](#)

You will not want to miss the traditional joint MAFCS, TCHC and FCSP’s evening meeting featuring presenters recognized and respected across the nation. Presenting to us will be Dr. June Lavalleur and Jeff Almer. Plan to pick up your name badge on November 3 between 5:00pm – 5:30pm at the Edina Country Club and participate in an evening of learning, exchanging ideas, socializing and supper. PDU’s and CEU’s will be available to attendees. Activities will conclude at 8:30pm.

Dr. June Lavalleur is an educator, obstetrician gynecologist and has a national reputation for her expertise in women’s health. Early in her career Dr. Lavalleur noted sexual health is an important component in people’s emotional, physical and spiritual health. Dr. Lavalleur will be discussing “Sexuality Across the Lifespan”.

Jeff Almer worked tirelessly to improve the safety of our food supply while creating change and helping in the passage of the Food Safety Modernization Act. Lung cancer and a brain tumor didn’t kill Almer’s mother — *Salmonella*-contaminated peanut butter did.

Hear how Almer’s friends and family resolved to fix a system that ultimately allowed irresponsible food manufacturers to ship tainted peanut products nationwide, sickening more than 700 people and killing nine. Almer’s story, work and compassion for doing what is right will keep you engaged and wanting to learn more.

Edina Country Club is located in a beautiful Edina neighborhood. Edina Country Club is handicap accessible, has a well-lit large parking lot, spacious presentation and dining area and easy to find. Address is 5100 Wooddale Ave – Edina.

President's Message: Sue Boehland

Welcome to a new year of MAFCS. For those of you who are teachers, I hope your new year is off to a good start and that you are implementing the new FACS Frameworks into your courses. For the rest of us, I hope your year is going well and exciting things are happening in your world.



The June AAFCS National Conference in Seattle was invigorating and it was exciting to see our state so well represented. Last fall when I represented MAFCS at the Leadership Conference in Arlington, VA, I met with a breakout group of "small affiliates". I was surprised to learn our state membership is not considered "small". However I challenge each of us to reach out and recruit new members in all areas of our profession serving the needs of family and community. EACH ONE REACH ONE.

In August the MAFCS Board met to summarize our 2015-2016 year and to look forward to 2016-2017. A few things that have already happened within our organization include Teacher Cadet Training, to address the teacher shortage in FACS and all areas of education; and FACS representation at a booth at the MN State Fair. Initial brainstorming by the board included discussion of bringing AAFCS initiatives to Minnesota. This includes Strategic Priorities of:

- * Advocacy and Collaboration to enhance the visibility and impact of Family and Consumer Sciences
- * Education and Recognition to promote excellence in individuals, programs, and institutions
- * Research and Innovation to validate, guide, and advance the FCS Body of Knowledge.

Initiatives include:
FCSfit

- * Year One (2016-2017) – Physical Well Being. I challenge each of us to improve or maintain our physical well-being and use our influence to help others
- * Year Two (2017-2018) – Resource Fitness (Time and Finances)
- * Year Three (2018-2019) – Emotional Well Being (Personal and Healthy Relationships)

Dine In: December 3, 2016
Say Yes to FCS: May 4, 2017
It will be an exciting year.

Please put February 23 – 25, 2017 on your calendar to join us in Duluth for the MAFCS Annual Conference. Our theme is MASTERING THE ART OF FAMILY AND CONSUMER SCIENCES.

Enjoy the beginning of fall.



FACS at MN State Fair

If you had a chance to visit the Education Building at the MN State Fair on Sunday, August 28, you would have seen our very own Family and Consumer Sciences



Nancy Sandeen, Ashley Nelson,
Max Peterson, Lori Braumbaugh

"peeps" at the Education Minnesota booth! Lori Young was very efficient in setting up all of the details for this great promotional activity! At the booth, fair goers were able to write a note to their favorite teacher, have a picture taken and printed on a wall calendar, pick-up a cool Family and Consumer Sciences pencil and talk with the booth attendees about the many sustainable careers in family and consumer sciences! It was great fun to hear about the AMAZING things happening in the many, thriving FACS programs in the state! Others that volunteered throughout the day were Maxine Peterson and Ashley Davis, Lori Brumbaugh and Nancy Sandeen, Beth Smith and Marsha Chizek, and Joan Wikre.



Amanda Herman & Lori Young



I enjoyed getting back into the Seattle area for the AAFCS convention after having lived there many years ago. I liked the "Elevate Your Health" welcome reception where I got the idea of getting a "Smoothie Bike" for my classroom this year! I participated in the FCS Fit two-mile fun run/walk on Saturday morning. It was wonderful to meet people from around the country and to enjoy the company of Minnesota attendees at the great dinner out planned by Mary Levinski! From Lois Lewis



This year's AAFCS conference was held in Bellevue, WA. The weather was amazing for June, cool and even kind of dry.

I love that they have the options of Tracks vs. normal sessions, so if I am interested in one type of lesson I can go to just one subject or I can pick and choose where I want to be on the days of session.

In the past 10 years of attending I have met so many friends and seem to meet new people every year and it gives me the chance to catch up with the old and the new.

The pre conference tours are well run and I would highly suggest if you can make it work come in a day early and attend a tour, see the sights, have a nice lunch and learn a little about the area we are visiting.

You do have the option to attend the Say Yes to FACS, Summit. They discuss how the colleges and different high schools from around the US are promoting FCS to their students. There are so many tools on the website for FCS promotion and schools to attend to become a FCS teacher. Check out the free resources they have worked hard to give us this tool to use with our students.

This year MNFCS gave us the opportunity to enjoy a nice dinner at a local 5 star restaurant and celebrate the TOY and the Legends of MN. Stephanie Love



One highlight of the national convention was the State dinner. Mary Levinski did a great job organizing the meal. We had great conversation and the food was delicious.

Lori Young





ACTION PLANS FOR 2016-17
By Lois J. Lewis, MAFCS President-Elect

The Strategic Priorities of our national organization, American Association of Family & Consumer Sciences (AAFCS), are to enhance the visibility of FACS through advocacy and collaboration, to promote excellence through education and recognition, and to validate, guide and advance the Family & Consumer Sciences Body of Knowledge through research and innovation.

Our affiliate organization, Minnesota Association of Family & Consumer Sciences (MAFCS), is endeavoring to carry out these priorities on the local level. When the MAFCS leaders met in August for a planning retreat, committees were asked to develop an action plan addressing the Strategic Priorities. Below is a short synopsis of the actions MAFCS will be taking during 2016-17 through many of the great MAFCS members who are assisting with carrying out the mission of our organization.

Annual State Conference Committee: Amy Friedrichs, Ashley Nelson, Alyssa Ambrosius
Plan 2017 Annual State Conference (set for Holiday Inn, Duluth, MN)

Awards, Recognition & Scholarship Committee and Best Practice Grants: Marian Dombrock
Preserve the ongoing legacy of the profession through the recognition and awards to outstanding professional members in the field areas (teachers, business, home and community)
Recognize the outstanding undergraduate and graduates in FACS programs with scholarship monies
Encourage members to apply for scholarships, grants, and nominate members for awards
Conduct fundraising activities for scholarship monies

Bylaws Committee: Amanda Herman
Continue to review bylaws
Work with MAFCS members to ensure bylaws are being followed
Consult with other members when needed

Education Committee: Lori Young
Promote FACS at the State Fair

Electronic Communications Committee: Jean Knaak
Forward MAFCS communications to membership Listserv to inform of MAFCS activities
Send job openings to membership as they become available
Forward information from AAFCS to members

Membership Committee: Melissa Findlay-Lampkin
Update HUGS and New Professionals forms, as well as "Say Yes to FCS"
Promote scholarships for students and new professionals to attend MAFCS Conference, etc.

Newsletter: Mary Levinski
Enhance visibility of FACS through communication
Promote and recognize members and programs
Guide the Body of Knowledge through relevant newsletter articles

Nominating Committee: Alice Lysaker, Marine Winker Amy Friedrichs, Julie Mundahl, Betty Brandt
Obtain competent officers to fill state office positions
Obtain members needed on appropriate committees
Conduct elections according to bylaws

Outreach Committee: Deb Larson, Ashley Nelson, Maxine Peterson
Provide a promotional membership and informational booth/table at upcoming events
Increase awareness of FACS through a display/flyer to use at conferences and through newsletter articles highlighting activities that have occurred
Work with geographic communities on planning events and developing sponsorships

Public Policy Committee: Julene Swenson
Network with professional organizations (ACTE) and other coalitions (MWC, MHK, MCDF).
Disseminate legislative information pertaining to Family & Consumer sciences via newsletter
Review adopted and proposed resolutions; continue interactive dialogue with AAFCS Public Policy

Geographic Community 1: Melissa Findlay- Lampkin
Update list of members
Schedule and plan fall meeting
Promote State Conference in Duluth

Teacher Cadet Training Program

Dedication, enthusiasm and commitment are words to describe the group of Minnesota FACS Teachers that attended the 3 day Teacher Cadet Training at the Department of Education on June 28-30. An amazing 44 teachers, from all over the state, attended the South Carolina based training that was organized by our leader, Max Peterson. Max worked effortlessly to set-up this training which is a well-respected introduction to education and teaching programs for high school students in which FACS has the national standards and state frameworks and standard already aligned to support this initiative. The program is offered at high schools in 38 states, all over the country. The presenters, Anne Ledford and Angi Brush provided a thorough review of the Teacher Cadet curriculum, shared samples of student work and even guided the attendees through several scenarios and lessons.

Students seeking to enroll in a Teacher Cadet program have a high set of standards they need to meet before being accepted and while they are in the program. Upon completion of Teacher Cadet, students can earn six college credits to apply to their college of choice, free of charge. The trained FACS Teachers are taking the information back to their school districts to see how the program can be implemented.

A big thank you goes out to Max Peterson for all of her efforts in making this training possible! She is planning to set up another Teacher Cadet Training session next summer.

Submitted by Lori Voit Brumbaugh



World Congress of the International Federation for Home Economics

By Jean Knaak

I attended at the World Congress of the International Federation for Home Economics in Daejeon, Korea in August. It was a marvelous experience and included wonderful opening and closing ceremonies, keynoters, and a home visit with a Korean family. It was a joy to meet with home economists from around the world and to see how many concerns we jointly share.

The changing role of women in the workplace and in the family has been the theme of a number of presentations. There is a large amount of commonality from country to country. A surprise has been that living conditions and the economy in Korea are far stronger than I expected, along with late marriages and very small family sizes.

At least ten times the 1988 World Congress for Home Economics that was held in Minneapolis has been mentioned favorably. Planners for the next United States conference have noted the detailed and excellent work of the local twin cities home economists in 1988, so many of you can feel complimented that all of your hard work was remembered.

This truly is an international conference with people from all continents. Some attendees, particularly those from Nigeria, wore national dress. They were clearly the winners of the greetings presented by various countries.

My first few days in Seoul, Korea, were spent at cooking schools and food museums prior to leaving by bullet train for Daejeon, Korea for six days. Those food experiences plus the food offerings here have been an education in themselves and my suitcase will be heavy with products to bring home. The use of vegetables in every imaginable way plus the many creative uses for rice were very interesting.

World Congresses are held every four years. In 2020 the World Congress will be held in Atlanta, Georgia, at the Hyatt Regency Hotel. After hearing a preview at a Region of the Americas meeting, it should be wonderful! The dates will be August 2 – 8, 2020 plus pre and post tours. Please consider including it in your future plans.



Resources for FACS teachers!

Are you a member of the "Family and Consumer Science Teachers" Facebook group? If not you need to get out your phone and join it right now. This group is made up of over 6000 members in the field of Family and Consumer Sciences! This is an excellent resource for all of us! Whether you are looking for advice, resources or a place to vent, this group has it all! Speaking of resources - did you know this Facebook group also has a google page FULL of FREE resources?! Once you join the group just look for the "pinned post" at the top of the page - this will link you to the google page and all the resources are categorized into the various areas of FACS!

Facebook Group: <https://www.facebook.com/groups/FCSTEACHERS/>

Google Page:

<https://docs.google.com/document/d/1gTEErODZ1COvCg2ps9PCus3UKq6f2D9fYKSNU8XEcco/edit>

Have you Said YES to FCS? I hope so! Do you want to promote this to your students? MN FCCLA has created some excellent lesson plans to promote FACS careers in your classroom, they can be found in the Advisers section of mnfccla.org, OR on my blog: Ashley's FACS of life!

MNFCCLA: <http://mnfccla.org/advisors/>



Minnesota Association of Family & Consumer Sciences--MAFCS--
Education Community Best Practice Grants
applications are being accepted...

So often FACS teachers have clever and engaging learning activities that require some extra dollars from an already tight budget...It is for this reason the Education Community sponsors up to four (4) **\$250 Best Practice Grants** each year. Best Practice Grants have provided financial funding for professional aprons, calculators in a 7th grade Informed Consumer unit, career and sewing project materials, chef's jackets, curriculum items, support for an "Iron Chef" bake off competition, plus a food processor and coffee/spice grinder for World Foods classes! Please look for the **Best Practice Grant Application** form on the MAFCS website at www.mnafcs.com then download it, make time to fill it out, and submit your request **by Friday, January 6, 2017**. The grants will be awarded at the MAFCS Annual Conference, February 23-25, 2017 at the Holiday Inn & Suites, Downtown Waterfront, Duluth, MN. A **Best Practice Grant** is a great way to get your creative teaching idea and lesson that involves expense initiated and delivered to students!

Nominations being accepted for MAFCS

**New Achiever, Outstanding Professional,
Outstand Service & Outstanding Friend**

Please download the nomination form on our MAFCS website www.mnafcs.com to nominate and recognize a member for their outstanding contribution to MAFCS and our profession. We know there are many members who deserve this recognition, some volunteer tirelessly "behind the scenes" and others volunteer in a more visible way. The committee requests your input...so please take a few minutes to complete and send or email your nomination today. Nominations are due by **Friday, January 6, 2017**. We look forward to applauding the award recipients at the MAFCS Annual Conference, February 23-25, 2017.

MAFCS and Education Community Scholarships

The 2017 scholarship applications are currently being updated and will be available on the MAFCS website www.mnafcs.com by the end of September. Applications will be sent to St. Catherine University, Concordia-Moorhead, MSU-Mankato, and the University of Minnesota. Also scholarship applications will be available at the October FCS to the Max conference. Please share this information with a college Junior or Senior student who is majoring in a Family and Consumer Sciences program of study.

Minnesota Association of Family and
Consumer Sciences
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*Connecting Professionals.
Touching Lives*

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Mailing Address Line 1
Mailing Address Line 2
Mailing Address Line 3
Mailing Address Line 4
Mailing Address Line 5

Next newsletter deadline is
November 1, 2016

MAFCS Public Policy networks with:

MN Healthy Kids Coalition

MN Women's Consortium

MN Children's Defense Fund

To receive legislative updates,
contact Julene K. Swenson, CFCS
at jswen@iphouse.com

**"Whenever the people are well
informed, they can be trusted with their own govern-
ment."** Thomas Jefferson



Thrivent Choice Dollars

Thank you for contributing
Thrivent Choice Dollars to
MAFCS!

Please notify our MAFCS treasurer
when you are directing Thrivent
Choice Dollars and the amount you
will be directing. This will alert the
treasurer to look for those amounts when balancing the checkbook.



You Never Know What Challenges Life Is Going To Give You——

Three years ago Patty Wetterling attended the MAFCS Spring Gala and was awarded the Friend of the Family Award from AAFCS for the Jacob Wetterling Resource Center 2013. It was an amazing experience to see this woman as a pillar of strength and compassion giving all that she can. We all are well aware of the incredible impact Patty's initiatives of looking for missing youth has had on our state, nation and world. Now, as her family has uncovered the truth about Jacob's death. I can't help but to think of them and wish them healing and peace.

I am so proud of all the good work that MAFCS does to contribute to healthy and sustainable families. Another thank you to those who nominated Patty for this award! Lori Brumbaugh